



NSCC SEA BAG LIST

QTY	ITEM	NOTES	MALE/ FEMALE	PACKED
Prescribed Dress Uniform: Service Dress White				
1	Jumper		M/F	
1	Trousers		M/F	
1	Neckerchief, Black		M/F	
2	Hat, White		M/F	
1	Shoes, Oxford, Black	Corfams are NOT permitted	M/F	
1	Name Tag		M/F	
1	Ribbons		M/F	
Prescribed Work Uniform: Navy Work Uniform				
2	Blouse, NWU		M/F	
2	Trousers, NWU		M/F	
1	Cap, 8 Point	Must have mini-NSCC flash	M/F	
1 pair	Boots	Boots must be black, leather 8-9" high	M/F	
2 sets	Blousing Straps		M/F	
1	Buckle, Belt, Chrome Plated		M/F	
1	Belt, Web, Cotton, Black, Chrome Tip		M/F	
1	Parka (Optional)	Name strip on left pocket flap	M/F	
1	Liner, Fleece	Ensure rank/rate tab is installed for PO3 and above.	M/F	
2	Mock turtle neck (NWU) (Optional)		M/F	
Undergarments				
7	Undershirts, Crew Neck, Navy Blue (NWU)		M/F	
3	Undershirts, Crew Neck, White	blank, no graphics	M/F	
7	Socks, Black, Boot		M/F	
7	Socks, White, Athletic	Low cut socks permitted	M/F	
3	Socks, Black, Dress		M/F	
7	Underwear	White or solid neutral color	M/F	
2	Bra	As needed; white or solid neutral color	F	
PT Uniform				
2	Shorts, PT, Navy Blue	US Navy or USNSCC standard issue	M/F	
2	Shirt, PT, Yellow	US Navy or USNSCC standard issue	M/F	
1 pair	Shoes, Athletic	Cross country or running shoes; not skater shoes, Chuck Taylors or boots	M/F	
2	Bra, Athletic	As needed; white or solid single color	F	
1	Sweatshirt, Navy Blue, Hooded (Optional)	US Navy or USNSCC standard issue	M/F	
1	Sweatpants, Navy Blue (Optional)	US Navy or USNSCC standard issue	M/F	

Hygiene				
1	Shower/Hygiene Kit	Toothbrush, toothpaste, deodorant, razors (electric razors NOT permitted), shampoo, soap, soap dish, nail clippers, etc.	M/F	
1 pair	Shower shoes		M/F	
2	Towel, White, Wash Cloth		M/F	
2	Towel, White, Bath		M/F	
Other Required Items				
1	NSCC Identification Card		M/F	
1	NSCC Identification Card		M/F	
2 sets	Appropriate casual civilian liberty attire	No bare midriffs, tank-tops or shorts. No offensive, racist, sexual or drug related images or words.	M/F	
1	Jacket, civilian		M/F	
1	Sea Bag/Duffel Bag – Lockable		M/F	
1	Backpack, Black		M/F	
1	Lock	Key or combo lock.	M/F	
1	Shoe shine kit		M/F	
1	Personal sewing kit	No scissors	M/F	
1	Sleeping Bag/Bed Linens	Temperatures may get down to 30 degrees overnight.	M/F	
1	Cotton Laundry Bag, Large		M/F	
1	Flashlight, small	E.g.: mini-mag light or penlight	M/F	
1	Camelback	Used for hydration		
Optional Items				
	Pillow		M/F	
	Blanket		M/F	
	Cap, Knit, Black “watch cap”		M/F	
	Cap, Blue, NSCC		M/F	
	Sunglasses, Black		M/F	
	Wrist watch		M/F	
	Earrings, Silver Ball 1/8" - 1/4"		F	
	Long underwear		M/F	
	Cellphone charger		M/F	

1. **PROHIBITED ITEMS** – Weapons (all types - including pocket knives); Excessive jewelry; Tobacco/nicotine products; Alcoholic beverages; Non-prescription controlled substances; Pornographic/obscene material; Matches or lighters; Over-the-counter medication (any prescription medication must be turned in upon check-in). **Unauthorized possession of prohibited items will result in immediate dismissal from training.**
2. **FEMALE DRESS UNIFORM** – While the Jumper Style Uniform is preferred, we understand that some units may not have fully transitioned. The old-style coat and slacks uniform with combination cover is authorized in these cases.
3. **CONTROLLED ITEMS** – These items must be turned in at check-in: Personal electronics/tablets/computers/cellphones; Prescription medication.
4. **NSCC insignia** – All uniform items must be appropriately marked with NSCC flashes and name tapes in accordance with NSCC Uniform Regulations. Double check that your flashes are properly placed and the eagles face forward.
5. **Rate insignia** – You earned it, so wear it. As with NSCC flashes, rate insignia is required to be worn on all appropriate uniforms.
6. **Medals** – The prescribed dress uniform for all events, including graduation will be service dress blue, meaning ribbons only.
7. **Mark your clothes/towels with your name** – LAST NAME and FIRST INITIAL in permanent ink. Mark your black/blue items with a white fabric pen.
8. This list describes the minimum number of items you must bring to training. You may bring more items or other appropriate items as long as it fits in your one sea bag/duffle bag.
9. When trainees report aboard, sea bags and uniforms will be inspected.